

HouseProud Atlanta Encourages You to

# **Be Neighborly**

Are You a Senior Caregiver or Neighbors with a Senior?

# 10 Acts to Show You Care

for the Seniors in Your Life and Community



# Call to Say, Hello

Make calls to senior family members or neighbors



## **Pickup Medication**

Get authorization to pickup and drop off medication



## **Home Repairs**

Fix clogged pipes, running toilets, and other common household repairs



### **Masks & Other PPE**

Bring face coverings, hand sanitizer, disinfectants, and hygiene products



## **Trash Collection**

Bring garbage cans and recycling bins to the curb



#### **Lawn Care**

Keep grass cut and remove overgrowth from lawn



#### **Check Mail**

Get authorization to bring mail and newspapers to the front door



#### **Groceries**

Delivery hot meals and nonperishable food and drinks



#### **Portable Fans**

Give a fan to provide extra cooling during hotter months



# **Emergency Assistance**

Call 311 for resources and 911 for medical help

Remember to practice social distancing during each engagement. Elderly individuals are among our high-risk population.